

KITCHENER-WATERLOO

LIL STARS

LACROSSE SUMMER CAMP

RISINGStars
ATHLETICS & EDUCATION

JOIN US FOR A FUN, HIGH SUCCESS, SUMMER CAMP EXPERIENCE!

LIL' STARS is an EXCITING and new age appropriate Lacrosse DEVELOPMENT program for CHILDREN between the ages of 4-8. The program provides YOUNG ATHLETES with the opportunity to develop FUNDamental SKILLS. Athletic MOVEMENTS and Lacrosse skills are emphasized through CREATIVE and FUN activities in a non-competitive, high SUCCESS environment!

GAMES ATHLETICISM HEALTHY ACTIVITIES CONFIDENCE SKILLS ESTEEM CARDIO
GAINS ENCOURAGE AGILITY SKILL SPEED MECHANICS FUN BALANCE
FUNDAMENTALS PHYSICAL LITERACY MENTORING SOCIAL SKILLS TEAMWORK

\$189 INCLUDES
T-SHIRTS DAILY PRIZES
GIVEAWAYS
FUN FUN FUN!

SUMMER SESSIONS 2017

DAILY SCHEDULE

9:00am-12:00 - LUNCH - 1:00-4:00pm

JULY 10-14	4-6 YEAR OLDS	LIL STARS
JULY 24-28		
AUG 21-25	7-8 YEAR OLDS	LEARN TO PLAY

*Ask about our half-day options
**Early drop off & pick up available



Featuring...

Nick Stouros

RS Paper Weight Director - Lead Instructor

Leo Stouros

Lacrosse Coordinator

3x National Lacrosse Champion
Former D1 Scholarship Athlete
O.L.A. Top Graduating Player '2015
NLL - Georgia Swarm - '2016-17
World Champions '2017

'We are excited to offer this series of summer camps and clinics at various location in the KW region, aimed at developing local lacrosse players'. **Please call for additional detail!**

HEALTHY DEVELOPMENT AND LACROSSE FOUNDATIONS

To register, please contact:

info@riseabovetherest.ca

Visit us at www.riseabovetherest.ca 1-866-308-9820 ext 204

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