

# JOIN US FOR A FUN, HIGH SUCCESS, SUMMER CAMP EXPERIENCE!

LIL' STARS is an EXCITING and new age appropriate Lacrosse DEVELOPMENT program for CHILDREN between the ages of 4-8. The program provides YOUNG ATHLETES with the opportunity to develop FUNdamental SKILLS. Athletic MOVEMENTS and Lacrosse skills are emphasized through CREATIVE and FUN activities in a non-competitive, high SUCCESS environment!

GAMES ATHLETICISM HEALTHY ACTIVITIES CONFIDENCE SKILLS ESTEEM CARDIO GAINS ENCOURAGE AGILITY SKILL SPEED MECHANICS FUN BALANCE FUNDAMENTALS PHYSICAL LITERACY MENTORING SOCIAL SKILLS TEAMWORK

T-SHIRTS DAILY PRIZES T-SHIRTS DAILY PRIZES GIVEAWAYS FUN FUN FUNI

## SUMMER SESSIONS 2017

### DAILY SCHEDULE

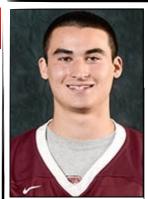
9:00am-12:00 - LUNCH - 1:00-4:00pm

JULY 10—14 JULY 24—28

AUG 21-25

4-6 YEAR OLDS LIL STARS
7-8 YEAR OLDS LEARN TO PLAY

\*Ask about our half-day options
\*\*Early drop off & pick up available



Featuring...

#### Nick Stouros

RS Paper Weight Director - Lead Instructor

#### Leo Stouros

Lacrosse Coordinator

3x National Lacrosse Champion Former D1 Scholarship Athlete O.L.A. Top Graduating Player '2015 NLL - Georgia Swarm - '2016-17 World Champions '2017

'We are excited to offer this series of summer camps and clinics at various location in the KW region, aimed at developing local lacrosse players'. Please call for additional detail!

### HEALTHY DEVELOPMENT AND LACROSSE FOUNDATIONS

To register, please contact:

info@riseabovetherest.ca

1-866-308-9820 ext 204

